



MEMORY TRAINING CENTERS OF AMERICA

MTCA National Newsletter

January 26, 2015

MTCA provides evaluation & treatment for older adults suffering from memory loss due to Alzheimer's or other disease processes, and is the largest U.S. provider of cognitive evaluation and memory training services in Senior Living communities. We are fortunate to have an ever-growing community of professional cognitive health consultants, working together to provide the best possible care to our patients and their care-givers. We are grateful for the dedication of our clinicians who tirelessly give of themselves, committed to achieving our shared goal of helping our older adult clients who suffer from memory loss.

Please comment on any information in this newsletter by joining the discussion at our NEW BLOG ADDRESS:
memorytrainingcentersamerica.blogspot.com

Welcome to our first issue of the New Year. To begin 2015, we will see how some of our 'old' colleagues celebrated the end of 2014, and welcome new ones!

MEMORY TRAINING CENTERS OF AMERICA
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Phone: 1-866- I-REMEMBER
Website: memorytrainingcenters.com

Blog: memorytrainingcentersamerica.blogspot.com

Please also visit and comment on our Alzheimer's Prevention Society blog:
societypreventionalzheimersdisease.blogspot.com



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MTCA WISCONSIN New Year Greetings



Left to right: Dr Patti Stanik, Susan Springstube, LPC-IT, Dr Connie Woythal, Rachel Nelson LCSW, Ellen Moll LPC-IT, Judie Warren LMFT, Cassie Lauters LPC-IT

We would like to **welcome** new clinician **Renee Conley, LPC**. Renee will be providing memory training services to Senior Living Communities in both the Eau Claire and Wausau areas of the State. Renee comes to us with many years of experience working with older adults. She will be a wonderful asset to the Northern Regional Team!

We recently opened a new site **Heritage Assisted Living**, and would like to recognize **Karah Kinderman, APSW** for investing time and energy to start-up services for this community. In addition, we would like to recognize **Dr. Marilyn Dean** for her support driving through challenging Wisconsin weather condition to provide quality testing services to our new clients at this location. We are excited to be partnering with **Executive Director Jill Thornton**, **Wellness Director Amanda Runnoe**, and all of their support staff!

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MTCA ILLINOIS New Year Greetings



Left to Right, top to bottom: Dr Kimberly Baker, Amy Kodman, Kevin Kelsey, Lisa Mensik IL V.P. Regional Director, Lynn Goffman, Kathleen Kenney, Deb Foshager, Jodi Venziano, Dr Grace Palacio, Shannon Hannigan Jackson, (Shannon's baby Killian!)

MTCA FLORIDA

would like to welcome our new VP of Operations
for the state of Florida, Bethany Porter!



Bethany Porter is the President of Memory Care Partners, LLC, a Florida-based Management Service Organization, a published author, public speaker and trainer. Bethany is the author of, "625 Days – Memory Care From The Inside", the Trusted Memory Care Quality Initiative and Florida's Partnership for Quality Care Initiative. She has worked as a Memory Care Specialist in Pennsylvania and Florida as a licensed administrator, consultant and trainer. She has been recognized for her work in Memory Care by Maria Shriver as an "Architect of Change" and has been a contributing author on Ms. Shriver's website. Bethany lives with her family in St. Petersburg, Florida.

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MTCA CALIFORNIA NEWS

CA would like to share a few stories of appreciation from residents and families, and some photos from a holiday gathering and In-service Training with Dr. Brotter



MTCA client Mary D. with her clinician Carolyn Doherty, when she came to Nobel Middle School to see the show Carolyn choreographed. This was a moment that was greatly enjoyed by both Mary AND Carolyn!

Submitted by: Darrell Broaddus, PhD California

One of my doubting and most skeptical independent Living MTCA participants, Mary U [age 88] returned from a holiday hiatus in her treatment with the following anecdotal account: "Dr. Broaddus, I have to tell you this experience I had. For Christmas, my grandson received a new game that requires the competitors to come up with as many related terms as possible in the shortest period of time to win. After several rounds of intense besting, my daughter [Mary's POA] tallied up the scores and exclaimed to everyone's amazement, 'Well, it looks like Grandma has the highest score'". Mary added, "The reason that I wanted to tell you about this is I really felt like that game was very similar to some of the exercises you have me doing in our sessions. Thank you!"

The MTCA CALIFORNIA Regions of Sacramento, Los Angeles and Orange County/San Diego want to thank Dr. Brotter for his time and the stimulating and informative staff development sessions that were greatly appreciated by all. It was also nice to have him join the Sacramento holiday party- See below!



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Left to Right: Tony Rios III, VP West Coast Operations, Dr. Brotter, Diane Mulhern, Dr. Darrell Broaddus, Kristy Schreuder, Shelley Guthrie (Region 3 District Manager), Martha Guerrero (Region 3 Regional Trainer)

And the following day,
Martha and Kristy
participating in in-
service session.



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Left to right: San Diego/OC Region 2, post-meeting: Dr. Ray Shallbetter (Region 2 DM), Dr. Linda Shallbetter, Colleen Army, Danielle Richter, Ruth Fesmire, Kathryn Wright, Dr. Kevin Kelly



Left to right: LA County, Region 1, post-meeting: Dr. B and Tony, Muna Hattar-Mendoza (Region 1 RT), Nyla Rogers, Carolyn Doherty, Janice Krattiger, Colleen

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IN CLOSING THIS FIRST NEWSLETTER OF THE NEW YEAR, PLEASE READ BELOW AND RECOGNIZE THAT THIS IS JUST ONE EXAMPLE OF THE VALUE IN THE WORK YOU ARE DOING. I HOPE YOU WILL TAKE SHARED PRIDE IN THIS EXPRESSION OF GRATITUDE FROM A FAMILY MEMBER. THIS IS A VERY INVOLVED FAMILY-MEMBER WHO EVEN REQUESTS COPIES OF HIS MOTHER'S COGNITIVE TEST RESULT FROM OUR PSYCHOLOGIST. THE LETTER WAS WRITTEN TO THE DIRECTOR OF WELLNESS, EXECUTIVE DIRECTOR, AND CLINICIAN SERVING A COMMUNITY OF ONE OF OUR CORPORATE PARTNERS:

"Dear Ms. H.

As you are aware, NP has been a resident in your community for almost eleven years. During that time, we witnessed N's very slow decline....

When we received the notice that a new program was being instituted at ACGE by Memory Training Centers, we were hopeful that N could benefit from the program. While we are very pleased with the care that N receives by the staff of AC, we have observed improvement in N's well-being and quality of life that is directly attributable to the Memory Training Centers program.

As you know, motivating N to attend activities and to not lay in bed much of the day has been extremely challenging. Since N began participating in the Memory Training Centers program last May, we see that N is participating much more frequently in activities and interacts socially with other residents. This alone has been a tremendous improvement. When our daughter, C, visited from out of state in October, we had the best time we've had with Nancy in many years.

While our opinion on the positive effect of the program has had on N's quality of life cannot be quantified, certainly the evaluations prior to the beginning of the program and at the six-month anniversary of N's participation certainly prove that the program is a success. Attached for your review are the results of those evaluations...."

PLEASE REMEMBER HOW MANY LIVES YOU TOUCH WHEN YOU HELP EACH OLDER ADULT WITH WHOM YOU MEET. THANK YOU ALL FOR THE MANNER IN WHICH YOU REPRESENT MTCA WHEN YOU PROVIDE OUR SERVICES AND ACHIEVE THESE RESULTS AS EXPRESSED BY A GRATEFUL FAMILY-MEMBER.

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